

Allergens

The table shows the allergens contained in the dishes. Please note that all dishes may contain milk, eggs, peanuts, tree nuts, soy, fish, shellfish, sesame, gluten, mustard and sulfites.

Menu	Milk	Eggs	Peanuts	Nuts	Soya	Fish, crustaceans and molluscs	Sesame	Wheat and gluten sources	Sulfites	Mustard
Appetizers (dip not included)										
Chicken wings										
Garlic sticks	X				X			X		
Garlic sticks with cheese	X				X			X		
Cheese sticks	X				X			X	X	
Chicken bites								X		
Neapolitan-Style Shrimp Gratin	X				X	X			X	
Neapolitan-Style Shrimp Gratin with vegan cheese	X				X	X			X	
Mix Mikes	X	X			X	X		X	X	
Vegetable juice										
Tomato juice										
Onion rings					X			X		
Bruschetta pizza rolls	X	X			X			X	X	
Dips / sauces										
Pizza oil					X					
Submarine oil										
Spicy mustard					X			X		X
Basil aioli dip		X								
Spicy Tempette										
South-west dip	X	X								
Kansas sauce										X
Neapolitan sauce										
Sweet & spicy sauce										
Tao sauce					X		X		X	
Tartar sauce		X								X

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Soups										
Tomato & basil bisque	X							X		
Broccoli cream	X				X			X		
Homemade vegetable and beef soup		X			X			X		
French onion soup					X					
French onion soup au gratin	X				X			X		
Minestrone soup	X	X						X		
Parmentier soup with bacon	X				X			X		
Chicken noodle soup		X			X			X		
Sides										
Fries					X					
Seasoned fries					X			X		
Cesar salad (appetizer size)	X	X			X	X		X	X	X
House salad, no dressing										
Salads										
Chicken Cesar	X	X			X	X		X	X	X
Caesar with vegan protein	X	X			X	X		X		X
Fresh-Thaï					X		X	X	X	

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Pasta (no bread roll)										
Cavatappi au gratin	X							X	X	
You're the chef! Alfredo sauce	X							X	X	
You're the chef! Alfredo sauce with chicken	X				X			X	X	
You're the chef! Neapolitan sauce								X	X	
You're the chef! Neapolitan sauce with chicken strips	X				X			X	X	
You're the chef! Rosé sauce	X							X	X	
You're the chef! Rosé sauce with chicken strips	X				X			X	X	
Lasagna bolognese	X	X						X	X	
Linguini carbonara	X				X			X	X	
Seafood Linguini	X	X			X	X		X	X	
Classic Mac & cheese	X				X			X		
Chicken & broccoli penne	X				X			X	X	
Vegan protein & broccoli penne	X				X			X	X	
Spaghettini bolognese								X	X	
Tortellini with Rosé Sauce and Smoked Bacon	X	X						X	X	
Submarine										
Co-Star®	X				X			X		
Foccacia club cantonnier	X	X			X			X		
Foccacia club cantonnier vegan protein	X	X			X			X		
Hot Luke®	X				X			X		
Field of dreams	X				X			X	X	
Field of dreams with chicken strips	X				X			X	X	
Field of dreams with Plant-Based Protein	X				X			X	X	
Superstar®	X				X			X		
Western	X				X			X		
Poutines										
Italian Poutine	X				X					
Superstar® Poutine	X	X			X			X		X
Taste-Thai Poutine	X	X			X		X	X	X	X
Traditional Poutine	X	X			X			X		X

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Duetto										
Seafood casserole (no sides)	X	X			X	X		X	X	
Shrimp au gratin (no sides)	X				X	X			X	
Shrimp au gratin with vegan cheese (no sides)	X				X	X			X	
Fried chicken fingers	X	X			X	X		X		X
Fish & chips with tartar sauce (no sides)	X	X			X	X		X		X
Chicken parmigiana (no sides)	X				X			X		
Pesto salmon	X					X		X	X	
Promo lasagne 2026										
Bolognese with Meatballs	X	X			X			X		
Seafood	X	X			X	X		X	X	
Chicken, Pesto, and Brie	X	X						X	X	
Drinks										
Soft drink (Pepsi)										
Soft drink (Diet Pepsi)										
Chocolate oat drink										
Unsweetened oat beverage										
Unsweetened vanilla oat beverage										
Guru										
Milk	X									
Chocolate milk	X									
Apple juice										
Orange juice										

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Desserts										
Beignes d'antan honey glaze doughnuts without coulis	X							X		
Classic Brownie	X	X		X	X			X		
Hercule chocolate cake	X	X			X			X	X	
Timeless cheese cake without coulis	X	X			X			X		
Velvety carrot cake without coulis	X	X			X			X		
Homestyle sugar pie	X	X			X			X		
Lunch desserts										
Beignes d'antan honey glaze doughnuts without coulis	X							X		
Classic Brownie	X	X		X	X			X		
Velvety carrot cake without coulis	X	X			X			X		